

Professional Musicians Local 47
and



join together to present:

Musicians' Wellness Series

4 Free Seminars on Preventive Health Care for Musicians

Preventive medicine isn't easy in a career that demands traveling, staying up late - not to mention being surrounded by alcohol, drugs, nicotine and lousy food...

Please take part in this series of free seminars focused on helping you, as a musician, take charge of your health!

Wednesday, September 15th – 6 p.m.
Local 47 Auditorium

Light refreshments served

In the first of this 4-part series, Dr. Ken Waltzer will present an overview of issues challenging musicians – and how to address them. Dr. Waltzer holds a BA cum laude from Harvard College, an MD from Baylor College of Medicine, and an MPH in Health Policy and Management from the Harvard School of Public Health. His internship and residency in Primary Care Internal Medicine were at The Cambridge Hospital of Harvard Medical School. Dr. Waltzer was with Kaiser-Permanente, where he was the first Preventive Care Coordinator for Southern California. While at Kaiser, he was also Director of Medical Education at the West Los Angeles Medical Center and cared for one of the largest practices in Internal Medicine with nearly 2000 patients. Dr. Waltzer was specifically cited for his role in developing statewide guidelines for preventive care.

PROFESSIONAL MUSICIANS LOCAL 47

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